

Taking Hypnosis to the Quantum Level



Recent advances in quantum physics have expanded our understanding of the facets of reality. For example, scientific evidence has proven that human thoughts have a measurable effect on physical matter, suggesting that everything in our reality possesses conscious awareness. What's more, we now have methods by which we can communicate with this consciousness for the purposes of healing and learning.

This method of communication is the focus of spiritual hypnosis, a process that involves inducing an individual into a somnambulist state through visualization and relaxation. Quantum healers utilizing techniques such as quantum healing hypnosis technique (QHHT) and beyond quantum healing (BQH) have facilitated thousands of sessions with people all over the world, regardless of their age, gender, personality, religious beliefs or cultural background.

During a session, the practitioner guides the client into an extremely relaxed state, similar to that of falling asleep or awakening. Within this level of awareness, just below the threshold of consciousness, the client has access to those realms outside normal awareness, in the space where all knowledge resides.

Although there is no typical QHHT or BQH session, the process generally takes between three and five hours, after which people often report having profound, life-changing results. Clients of the late Dolores Cannon, founder of QHHT, sometimes experienced comfort, support and greater understanding in many areas of their lives; instances of miraculous, immediate healing were also common. Without exception, a feeling of immense power and overwhelming love dominated each session.

According to quantum healer Candace Craw-Goldman, individuals might

seek out spiritual hypnosis for a variety of reasons. "Some come out of curiosity; some have questions about their life purpose, family, work or health," she says. A client may have an internal sense that they are meant to do something different with their lives, while many simply desire to understand their past and improve their future.

If you are interested in learning more, please visit QuantumHealers.com to find a practitioner near you. While a QHHT session must be conducted in person, a BQH

practitioner works with clients in person or online. Remember, nothing is beyond the realm of possibility! There are no limitations, except the limits of your own imagination.

Allison Brown, EdD, NBCT, is the director of school counseling at Berkeley Alternative School, in Moncks Corner, SC. For more information, visit QuantumHealers.com.

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